



## 2011 Goals Wrapped Up

Use this worksheet to pinpoint what went right in 2011 and went wrong! Be honest and don't hold back. If you are married, do this worksheet with your spouse. You might want to do one sheet per goal.

**Write down the goal you want to focus on here:**

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### Step 1:

*First, let's identify your goal. Did you write your goal down? Where did you write it down? Was it visible to you on a regular basis or hidden on a folder in your computer? Did you write out steps you needed to take to reach your goal (an action plan) or did you just right down the goal itself?*

Did you write your goal down? If so, where?

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Was it visible to you on a regular basis, did you look at it often?

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Did you write out an action plan for how to reach your goal?

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### Step 2:

*Now, let's go over the specifics of your goal. Did you meet this goal? Did you exceed it? Did you fall short? Why?*

Did you meet/exceed/fall short of your goal?

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Why do you think you were successful/unsuccessful?

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**Step 3:**

*Now it's time to learn from our mistakes and celebrate our success.*

What can you do differently to make sure you meet your goal next time if you didn't meet it this time? If you did meet your goal, why do you think you were successful? Be very specific!

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Later in the week, I will be posting a worksheet to make your goals for 2012! Be sure to stay tuned and start thinking about what you want to accomplish in 2012!